

PFSC Spring School 2017

**MONDAY - April ( 4 weeks )**

Intro Star( stage 4-6)

5:10-5:15 Stroking (club provided )  
5:15-5:45 Group lesson time( club provided )  
5:45-5:55 Free time or private lesson (10 min )

Star 1-3

5:10-5:15 Stroking( club provided )  
5:15-5:35 Group Lesson time (group lessons billed by coach)  
5:35-6:00 Open Session

Star 4/5 and Elite A ( Star 6-10)

6:00-6:55 Open Session

Flood 6:55-7:05

Elite B ( Star 6-10)

7:05-8:00 Open Session

**WEDNESDAY - April ( 4 weeks )**

Intro Star \* 2<sup>nd</sup> day option

5:10-5:15 Stroking( club provided )  
5:15-5:35 Group Lesson time (group lessons billed by coach )  
5:35-5:55 Free time or private lesson (10 min )

NOTE:

- must be on Stage6
- must have a private coach
- must skate Monday in Intro session

Star 1-3

5:10-5:15 Stroking( club provided )  
5:15-5:35 Group Lesson time( group lessons billed by coach )  
5:35-6:00 Open Session

Star 4/5 and Elite A ( Star 6-10)

6:00-6:55 Open Session

Flood 6:55-7:05

Elite B( Star 6-10 )

7:05-8:00 Open Session

**TUESDAY – May ( 3 weeks )**

Star 1-3and Star 4-5

6:10-7:00                    Open Session

Elite A&B (Star 6-10 )

7:00-8:00                    Open Session

**THURSDAY – May ( 3 weeks )**

Star 1-3and Star 4-5

6:10-7:00                    Open Session

Elite A&B (Star 6-10 )

7:00-8:00                    Open Session

Level Qualifications :

**Intro Starskate**–working on stage 4-6

**Star 1-3** - Passed Stage 6

**Star 4/5** – Passed Complete Preliminary Free Skate

**Elite A & B (Star 6-10)** - Passed Complete Junior Bronze Free Skate

Note: Skate Canada tests must be complete before March 1,2017 for spring session registration

**Spring Notes:**

- Max. cap for Elite sessions is 15 skaters, session priority will be filled on a first come first serve basis
- Possible Test dates ( Monday May 22,Tuesday May 23, Thursday May 25) - TBA
- Monday and Wednesday Memorial Centre ( 5:00-8:00 pm )for most, Kinsmen and Evinrude a few
- Tuesday and Thursday Evinrude Arena ( 6:00-8:00 pm )
- Intro Starskate - only skate the month of April