



Peterborough Figure Skating Club

The Glider

Please check out our FACE-BOOK page and our Twitter feed! Updates and pictures are posted weekly!



www.peterboroughfigureskatingclub.ca

NEW THIS YEAR! Check out our **PFSC Skating Exchange Buy and Sell** page on FACE-BOOK! Join us today!

PFSC Executive

- Presidents: Hallie Atter/Tara Paul
- Treasurer: Kim Morello
- Test Chair: Chandos Hickey
- Secretary: Tara Paul
- Synchro Rep: Lynn Raycroft -Little
- Registration/Membership Chair: Colleen Wood
- Coaches Rep: Lori Atkins
- Pre-CanSkate/CanSkate Rep: Erica Diamond
- Intro-StarSkate Rep: Jyoti Chandra
- Junior/Senior StarSkate Rep: Tara Paul
- Elite StarSkate Rep: Kim Morello
- Music Chair: Kim Morello
- Media Chair: Tara Paul
- EOS Section Rep: Muriel Blakker

Coaches:

- Lori Atkins
- Cindy Mein-Moloney
- Judy Bates
- Jessica Pritchard
- Brigitte Mackey
- Janice Haig-Ireland
- Dawn Cumby-Dallin
- Celina Kosmala
- Troy Hockley
- Kim Wilson
- Kortney Morello
- Karen Westby-Bulger (Consultant)
- Bonnie Porter-Martin (Consultant)

Great Start to the Year!

Thanks so much to all of our parents/grandparents and guardians for making our 2015 season start off so well! The skaters are progressing well and there have been many memories made! We had a wonderful fall season with our startup, our Halloween night and Pizza night as well as our first Low Test day of the season. There's plenty more coming!

PFSC Club Wear

The Peterborough Figure Skating Club is happy to announce that we are now taking orders

for Club Wear in the form of zip up warm up jackets and hoodies that feature our new PFSC logo. Please pick up an order form and submit by the due date so your order will be ready for Christmas 2015! Makes a great skater's holiday gift!

PFSC Bursary:

In the 2014-2015 season, the PFSC Board of Directors voted to establish a PFSC Bursary for the development of coaches from our own club. This bursary is open to skaters aged 16 and up who have achieved their

Silver Bronze and are interested in attaining their coaches certificates through Skate Canada. We will award a 2015 recipient by December and will also choose a recipient at our 2016 Annual General Meeting.

Test Days—High and Low

Our first Test day took place on October 26. Congratulations to all the skaters who passed and thank you to our judge Lori French-Woolley and our Test Chair Chandos Hickey. Our next Test days take place on December 14 (High) and December 16 (Low).

Halloween at the PFSC



Safety on the Ice

In order to ensure that skaters get the most out of their session, one of our first priorities is safety. This year, we had parents/guardians sign a Code of Conduct and we had skaters also sign a Skater's Code of Conduct over the past month. The purpose for doing this was to make sure everyone follows the proper rules and procedures that are mandated by Skate Canada. This fulfills our commitment as a Skate Canada affiliate.

Please continue to review the following safety practices with your skaters:

1. **Priority on the Intro-Elite ice sessions**

always goes to the skater whose music is playing. If a skater is working on a lesson with a coach, other skaters must be ice aware and stay out of their way as well.

2. Appropriate dress is comfortable attire with lots of stretch. Please have your skater wear gloves or mitts that are not fuzzy. Hair should be tidy and tied back with an elastic or hairband. **Helmets are to be worn by skaters under Stage 5.**
3. When requesting music, **coaches' requests are followed first, then skaters'.** Don't be afraid to ask for your music to

be played whether it is practicing a dance, solo or interpretive so you may use the time to your advantage.

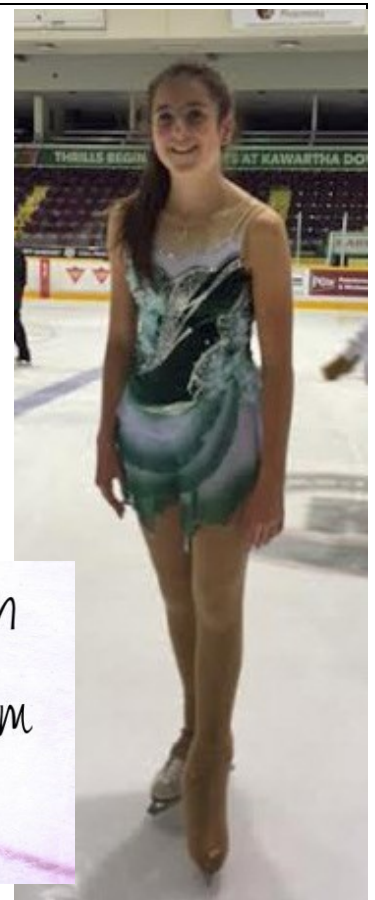
4. Be **ICE AWARE ALWAYS.** Skaters and coaches are required to always recognize who has priority on the ice. They are also required to be always conscious of other skaters and coaches on the ice.
5. **HAVE FUN!** As with the Long Term Athlete Development model, skating should be a fun and enjoyable sport for your child. Encourage them but don't push. Children involved in sports become life long athletes. They also develop the skills needed to campaign for themselves and become independent! And to make lots of friends!

CANSKATE SAFETY: To help ensure safe transition for PreCanskate/ Canskate skaters on and off the ice please **encourage your skater to wait at bottom of stairs before session starts to help keep area around doors to ice clear of congestion.** When meeting your young skater at end of session **please wait at bottom of stairs for both PreCanskate and Canskate to collect your skater.** This will help keep doors and paths off ice clear so coaches/board members can help younger skaters off ice with assist when needed and help minimize congestion and risk of falls or trips.

UPCOMING DATES:

- November 7-8 Eastern Ontario Sectionals**
- November 9 PFSC Board Meeting**
- November 11-20 Club Wear Orders**
- November 18 No Skating**
- November 19 Jr/Sr/Elite StarSkaters session at the PMC 6-9 p.m.**
- November 20 No Skating**
- December 14 and 16 High and Low Test Days—no regular skating**
- January 3—Rock the Ice 6 at the PMC**

We wish the best of luck to our own Cassandra Sargent as she travels to Napanee November 7-8 to compete in the Eastern Ontario Sectionals for the Juvenile Ladies. SMILE!



When I'm on the ice, I am at home.

Volunteer Opportunities

This is your club! And it only works because of the various volunteers who give their time and passion! We are always looking for volunteers to play music, help at Pizza nights or join our board!
 Contact us today!



Skaters are being assessed regularly for their agility, balance, and control by their coaches. Progress reports will be distributed in December for the first session. If you have any questions please talk to your coaches.